

**NEW in 2016**

- Work with schools and local organizations to ensure parents have information on available reproductive health resources for teens and young adults.
- Continue to promote education, scholarship and career opportunities available to youth through the My Youth Link website and resource fair.
- Focus on standardization among mentor programs and increasing the number of youth with a mentor in Pueblo County.



# 2015 Successes

## Reducing Teen and Unintended Pregnancies in Pueblo County



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Summary of  
Progress in 2015  
and Focus of New  
Efforts in 2016

In 2013 the Pueblo City-County Health Department (PCCHD) finalized a process driven by the community to select and determine how to address health issues in Pueblo County. The process included a state mandated Community Health Assessment and the creation of a five-year Community Health Improvement Plan.

The community identified two priorities to focus on from 2013-2017. Those priority areas were *obesity* and *teen and unintended pregnancies*. This is a summary of progress made in 2015 related to teen and unintended pregnancies and where new efforts will be focused in 2016.

## SUCCESSES

### Access to Reproductive/Sexual Health Services

- Identified barriers for youth and young adults accessing reproductive health services.
- The Family Planning Clinic at PCCHD increased use by teens through a media campaign and Navigator that worked one-on-one with youth to help them use clinic services.
- Gave information to local medical providers that see youth on how to make their clinics more youth friendly and reduce barriers for teens using their services.

### Positive Youth Development

- Held a Youth Resource Fair to provide information to local teens on services and programs available to them.
  - 130 youth attended and interacted with over 30 programs/organizations.

### Mentoring

- The Pueblo Mentoring Collaborative received training and began to align efforts with state recommendations.

### Parenting Programs

- A curriculum was selected to provide resources to parents using Health Solutions' services. The curriculum will assist parents with helping their children succeed and have the best relationship possible.
- Incentives provided to 60 parents to take family support classes.

