# Community Health Improvement Plan

2018 Progress Update

# Behavioral Health

# Substance Use Response Ecosystem (SURE) (

Co-sponsored a community forum on opioids which over 60 people attended.

Continued to expand the ecosystem with the addition of a judicial pod (10 pods total).



#### <sup>)</sup> CHA Steering Committee

Reviewed local and state data related to substance use and mental health in order to prioritize needs.

Shaped a work plan for a community-driven youth behavioral health campaign.



# **Opioid Provider Grant**

Collaborated with the Pueblo Medical Society to host the 2nd Annual Medical Symposium and invited dental providers for the first time.

Gathered information from medical providers about their top needs for education regarding opioids and provided resources as appropriate.



# State Innovation Model (SIM)

Developed and distributed toolkits to providers interested in integrating behavioral health and primary care services.

Delivered Stand Up to Stigma presentations to over 700 high school students at all area high schools to provide information on mental health stigma, how not to internalize mental health illnesses, and suicide prevention resources. Coordinated Mental Health First Aid trainings for 85% of Health Department staff members in addition to 140 community members.

# Communities That Care (CTC)

Continue to track local-level metrics related to youth substance use and have begun to present the data to various audiences throughout the community to increase awareness of both risk and protective factors for our community's youth.

Developed a comprehensive plan for addressing Quality Childcare and Youth-Friendly Spaces at the community level as a means to prevent later youth substance use.



